



**Presented by:** Beth Mills. Theresa Keene, & Renee Berish Sponsored by:

Location: Family & Child Resource Center

2101 Claflin Rd.



**Dates & Times:** 8-week sessions held the following Mondays @ 6-8 PM:

 08/01/2022
 08/29/2022

 08/08/2022
 09/12/2022

 08/15/2022
 09/19/2022

 08/22/2022
 09/26/2022

\*Participants should plan on attending all 8 sessions\*

Cost: FREE!!

Who should attend: Parents or Caregivers of young children are welcome to sign-up.

## How to register:

Contact Beth Mills at Raising Riley <a href="mailto:emills@rileycountyks.gov">emills@rileycountyks.gov</a>
(785) 776-4779 ext. 7641

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting $^{\text{TM}}$  program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

## Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

<sup>\*</sup>Dinner served prior\*